

*Cancer Support Groups*



We offer weekly support groups for people living with cancer. In a warm, supportive and safe community, we explore the challenges of living with cancer. Together we find ways to cope with multiple life challenges and manage uncertainty. *An intake appointment is required before joining one of these groups.*

*Caregiver Support Groups*



We offer weekly support groups for people caring for someone living with cancer. In these groups, we explore the challenges of caring for one's self while caring for a loved one. *An intake appointment is required before joining one of these groups.*

*LGBT Cancer Support Group*



A collaboration between Facing Cancer Together and Fenway Health, this weekly group provides a safe space where LGBT people with cancer can meet others facing similar challenges, find comfort and companionship, and learn new ways to cope. *An intake appointment is required before joining this group.*

*Multi-Cultural Cancer Support Group*



In collaboration with Roxbury Multi-Service Center, we offer this weekly support group for people living with cancer. Group members offer each other support, connection and the wisdom of experience while traveling the same journey. *An intake appointment is required.*

*Ovarian Cancer Networking Group*



This monthly drop-in group explores issues and concerns for people who have been diagnosed with ovarian cancer.

*Inflammatory Breast Cancer Networking Group*



This quarterly drop-in group explores issues and concerns for people who have been diagnosed with inflammatory breast cancer.

*Multiple Myeloma Networking Group*



This monthly drop-in group is for people with multiple myeloma and their loved ones.

*Bereavement Support Group*



The loss of someone you love to cancer is often prolonged, difficult and profound. In a warm, supportive and safe community, we explore together the challenges of holding our sorrow and grief, ways to cope, the life changes that accompany loss, shifting roles and living with uncertainty. We will consider what might grow into the space created by our loss. *An intake appointment is required.*

*Writing for Wellness*



This weekly therapeutic writing group is for adults with cancer and their loved ones. Emphasis is primarily on support, writing what needs to be written and finding one's own voice. *No prior writing experience is necessary.*

*Chinese Brush Painting*



Chinese Brush Painters see the rhythm of movement in a single brush stroke or an entire composition. Using the magic of the brush, we express our inner feelings, beauty and soul. This weekly, drop-in class is open to people with cancer and their loved ones. *No previous experience is necessary.*

*Moving into Wellness - Yoga and Tai Chi/Qigong*



These two practices are blended in a class that is open to participants and caregivers interested in learning to relax the body deeply, reduce anxiety and quiet the mind while promoting joy and strength. Weekly drop-in group is open to people with cancer and their loved ones. No previous experience is necessary.